

10km - Gesamtwertung

11. Siegburger HIT Citylauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden					
1	400	Röskens Jens	LAV Bad Godesberg	0:35:28	0:35:27	1	M30	83	08:28	08:32	08:38	09:48		
2	616	Arenz Jens	Team C	0:39:19	0:39:17	1	M45	69	09:30	09:28	09:37	10:41		
3	609	van de Weyer Stephan J.	Bunert - der Siegburger Lauff.	0:39:33	0:39:32	1	M40	75	09:16	09:40	09:40	10:55		
4	347	Schmähling Frank	SV Hellas Siegburg	0:39:49	0:39:47	2	M45	70	09:18	09:41	09:50	10:57		
5	396	Hübner Frank	TUS Riemberg	0:39:52	0:39:51	1	M50	67	09:25	09:34	09:51	10:59		
6	385	Mittler Per-Uwe	Stammtisch läuft!	0:39:56	0:39:53	2	M30	87	09:23	09:31	09:40	11:18		
7	511	Schneider Stefan		0:40:05	0:40:02	2	M40	74	09:33	09:39	09:50	10:59		
8	401	Schaidinger Veit	SSF Bonn	0:40:16	0:40:13	1	M35	81	09:29	09:45	09:53	11:05		
9	383	Kneer Tom	Siegburger SV 04 U16	0:40:53	0:40:50	1	MU18	02	09:17	09:41	10:08	11:42		
10	302	Casper Thomas		0:41:03	0:41:01	3	M40	74	09:28	09:50	10:04	11:37		
11	363	Küllmer Knut		0:41:26	0:41:22	3	M30	87	09:48	09:46	10:12	11:35		
12	366	Klinkert Roman	SSF Bonn	0:42:08	0:42:05	2	M50	65	09:34	10:01	10:25	12:03		
13	365	Kanditt Stephan	OSC Waldniel	0:42:22	0:42:20	4	M40	73	09:53	10:22	10:30	11:34		
14	605	Müller Björn	Rhein-Berg Runners	0:42:52	0:42:51	1	MHK	96	09:25	10:08	10:45	12:32		
15	381	Buhmes Holger	Team Ahr 2000	0:42:54	0:42:51	3	M45	71	10:20	10:29	10:29	11:32		
16	367	Ostrominski Markus	LAZ Puma Rhein-Sieg	0:42:54	0:42:53	5	M40	77	10:01	10:27	10:35	11:48		
17	362	Putz Harry	LLG St.-Augustin	0:43:01	0:43:00	1	M55	59	09:53	10:16	10:31	12:19		
18	318	Koerner Ulrich	Deichhhaus-Aue	0:43:04	0:43:00	6	M40	77	10:12	10:32	10:32	11:43		
19	604	Hoff Sebastian	LAZ PUMA Rhein-Sieg	0:43:23	0:43:20	7	M40	77	09:52	10:28	10:48	12:11		
20	513	Kaiser Axel	TV Donrath 12/68	0:43:24	0:43:17	8	M40	75	12:45	14:00	14:49	01:41		
21	608	Engels Herbie	LLG St. Augustin	0:43:42	0:43:41	1	M65	48	10:02	10:35	10:47	12:15		
22	328	Lippok Ralf	RV Komet Delia 09 Köln	0:44:13	0:44:10	4	M45	68	09:52	10:28	10:56	12:52		
23	618	Schröder Wolfgang	Union Biesfeld Triathlon	0:44:26	0:44:23	3	M50	67	10:26	10:44	10:51	12:20		
24	377	Jochim TJ	LAZ Puma Rhein-Sieg	0:44:32	0:44:31	9	M40	75	10:04	10:51	11:06	12:28		
25	404	Schilling Steven	SSF Bonn	0:44:47	0:44:43	4	M50	65	10:11	10:38	10:54	12:58		
26	393	Müller Johannes	Rotor Blade Runners	0:44:48	0:44:44	2	M55	62	10:04	10:49	11:11	12:38		
27	394	Schmidt Marco	Rotor Blade Runners	0:44:48	0:44:45	5	M45	72	10:04	10:50	11:11	12:38		
28	397	Carl Mario		0:45:01	0:44:58	6	M45	70	10:17	10:50	11:14	12:36		
29	346	Müller Luca	LAZ Puma Rhein-Sieg	0:45:03	0:45:02	2	MU18	02	10:03	11:09	11:17	12:32		
30	364	Böttcher Waldemar	SV Hellas Siegburg	0:45:06	0:45:04	2	M35	78	10:08	10:52	11:13	12:50		
31	369	Biber Pascal	HIT Siegburg	0:45:50	0:45:40	2	MHK	93	11:11	11:01	11:09	12:17		
32	509	Beib Klaus	FC Streithausen	0:45:59	0:45:54	3	M55	60	10:54	11:26	11:18	12:15		
33	354	Korn Markus		0:46:28	0:46:20	4	M30	83	10:46	11:02	11:28	13:03		
34	508	Schmitz Ingo		0:46:33	0:46:30	3	M35	80	10:15	11:13	11:49	13:12		
35	395	Flechtner Patrick		0:46:33	0:46:33	3	MHK	88	09:51	11:20	11:41	13:40		
36	332	Mauel Christoph	SF 09 Puderbach	0:47:06	0:47:01	7	M45	68	11:06	11:21	11:30	13:02		
37	321	Hendan Ulrich		0:47:42	0:47:36	5	M30	87	10:55	11:26	11:49	13:25		
38	424	Moers Karsten		0:47:53	0:47:38	6	M30	85	11:16	11:41	11:39	13:00		
39	515	Zock Christoph	Stammtisch Läufer	0:48:14	0:48:09	7	M30	86	10:50	11:31	11:57	13:50		
40	319	Wilhelm Torben		0:48:15	0:48:11	8	M45	68	11:08	11:42	11:55	13:24		
41	339	Königsfeld Jens	Rhenag	0:48:19	0:48:05	4	M35	78	12:07	11:51	11:41	12:25		
42	336	Nolden Sebastian	Rhenag	0:48:24	0:48:12	5	M35	82	11:18	11:28	11:48	13:36		
43	390	Scholtes Thomas		0:48:24	0:48:20	5	M50	64	11:10	11:40	11:54	13:35		
44	308	Klingenberg Jörg		0:48:25	0:48:18	6	M35	81	11:07	11:35	11:57	13:38		
45	330	Küppers Herbert	DJK Gillrath	0:48:42	0:48:40	9	M45	68	11:47	11:53	11:41	13:17		
46	326	Hirsch Robert	TV Kaldauen	0:48:47	0:48:42	7	M35	78	11:21	12:00	12:04	13:16		
47	342	Dr. Ganser Bernd	Rhenag	0:48:58	0:48:48	4	M55	62	11:37	12:00	11:58	13:11		
48	403	Braun Thomas		0:49:00	0:48:55	6	M50	66	11:11	12:00	12:04	13:39		
49	379	Schlösser Daniel		0:49:16	0:49:09	8	M30	86	11:08	11:46	12:02	14:12		
50	519	Holbe Götz		0:49:37	0:49:29	10	M45	72	11:26	11:55	12:03	14:04		
51	360	Sondermann Magnus		0:49:37	0:49:30	8	M35	82	11:41	12:00	12:15	13:33		
52	316	Flamming Karsten		0:49:44	0:49:38	4	MHK	91	11:32	11:57	12:04	14:02		
53	359	Sondermann Andreas		0:49:47	0:49:40	9	M35	82	11:41	12:00	12:15	13:43		
54	334	Suthhof Andreas		0:49:47	0:49:40	7	M50	67	11:27	11:57	12:14	14:01		
55	505	Diegeler Johannes		0:49:50	0:49:48	10	M35	82	11:19	12:26	12:36	13:26		
56	329	Budack Lars		0:49:53	0:49:48	11	M45	71	11:07	12:05	12:27	14:08		
57	352	Schwesig Oliver	Fit für den Marathon	0:50:00	0:49:53	12	M45	70	11:45	12:13	12:11	13:42		
58	322	Kreckel Jörn		0:50:11	0:50:04	9	M30	85	11:04	12:13	12:30	14:16		
59	602	Nast Lothar		0:50:28	0:50:23	5	M55	61	11:44	12:17	12:18	14:03		
60	324	Kasprzak André	FC El Napusen Rot-Weiß	0:50:33	0:50:25	10	M30	86	11:02	12:08	12:40	14:33		

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11. Siegburger HIT Citylauf - 24.09.2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	514	Herdt Eduard		0:50:38	0:50:31	8	M50	66	11:43	12:14	12:14	14:18	
62	380	Blau Henrik		0:50:49	0:50:43	11	M35	81	12:07	12:23	12:29	13:43	
63	516	Metzelder Hans		0:51:05	0:51:03	1	M75	38	15:18	16:19	16:59	02:25	
64	384	Truntschka Noah	Siegburger SV 04 U16	0:51:09	0:51:07	3	MU18	02	10:40	13:29	12:47	14:10	
65	614	Baird Matt		0:51:11	0:51:05	10	M40	74	12:27	12:50	12:50	12:57	
66	325	Müller Tobias		0:51:40	0:51:31	11	M30	87	11:36	12:31	12:57	14:26	
67	323	Wierig Thomas	SV Hellas Siegburg	0:51:44	0:51:40	11	M40	73	11:10	12:01	12:58	15:30	
68	612	Pittler Ferenc	Kologi	0:51:51	0:51:42	12	M30	85	12:18	12:23	12:47	14:11	
69	306	Schmitz Alexander		0:51:52	0:51:48	12	M40	75	12:20	12:50	12:40	13:56	
70	351	Plenker Nobert	Fit für den Marathon	0:52:03	0:51:55	2	M65	51	11:59	12:16	12:37	15:02	
71	337	Weisser Roland	Rhenag	0:52:41	0:52:30	1	M60	55	12:09	12:54	13:09	14:17	
72	357	Söntgerath Achim	LG Laacher See	0:52:45	0:52:43	13	M40	74	11:22	12:50	13:20	15:10	
73	305	Cordes Ingo		0:52:52	0:52:46	9	M50	67	12:11	12:56	13:02	14:37	
74	358	Jäger Joachim		0:53:16	0:53:09	6	M55	61	11:35	12:45	13:19	15:29	
75	338	Beckers Thomas	Rhenag	0:53:17	0:53:06	14	M40	74	12:10	12:53	13:09	14:52	
76	331	Eix Stephan	JGV Alt Wolsdorf	0:53:21	0:53:13	10	M50	66	12:24	12:44	13:09	14:54	
77	411	Reinisch Frank	Henrich Baustoffzentrum	0:53:53	0:53:45	7	M55	58	12:22	13:03	13:14	15:06	
78	345	René Menzenbach	Rhenag	0:54:31	0:54:18	15	M40	73	13:11	12:58	13:14	14:54	
79	344	Pott Andreas	Rhenag	0:54:32	0:54:18	13	M30	87	13:11	12:58	13:14	14:54	
80	353	Krämer Steffen	Team Fifa 99	0:54:34	0:54:23	12	M35	78	12:49	12:41	13:19	15:33	
81	327	Reuter Harald		0:54:41	0:54:30	8	M55	61	13:05	13:21	13:20	14:42	
82	617	Wolf Jörg		0:54:47	0:54:34	11	M50	66	12:36	12:58	13:28	15:30	
83	361	Endres Klaus		0:57:13	0:57:04	16	M40	76	13:20	13:35	13:51	16:16	
84	409	Maier Jörg	Henrich Baustoffzentrum	0:58:10	0:58:02	17	M40	73	12:41	13:32	15:15	16:32	
85	520	Nicolaci Sergio		0:58:13	0:58:00	12	M50	64	12:50	13:20	14:45	17:04	
86	355	Höwel Sascha	Team FIFA99	0:59:00	0:58:48	18	M40	77	13:32	13:53	14:54	16:28	
87	317	Auster Klaus		0:59:11	0:59:04	13	M50	64	14:09	14:20	14:23	16:11	
88	814	Rieck Eliah	LAZ Puma Rhein-Sieg	0:59:21	0:59:18	4	MU18	04	11:14	11:42	11:29	24:51	
89	368	Kraus Sebastian		0:59:21	0:59:11	0	M		14:43	15:14	15:14	13:59	
90	402	Prokscha Damian		1:00:50	1:00:43	13	M45	70	15:04	14:46	14:45	16:06	
91	518	Brüß Bernhard	LT Lohmar Heide	1:01:37	1:01:32	1	M70	46	14:35	14:50	14:59	17:06	
92	315	Spall Thomas		1:01:38	1:01:27	13	M35	79	14:56	15:02	14:44	16:43	
93	387	Restoy Perez Miguel Angel		1:02:03	1:01:53	5	MHK	88	14:43	15:14	15:14	16:40	
94	371	Siebert Yannick	HIT Siegburg	1:02:20	1:02:10	6	MHK	94	14:41	14:56	15:04	17:27	
95	375	Schmitz Julian	HIT Siegburg	1:06:23	1:06:16	1	MU20	99	13:35	16:08	17:28	19:03	

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11. Siegburger HIT Citylauf - 24.09.2017

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden			
1	610	Schneider Silke	Bunert - Der Siegburger Lauf.	0:40:30	0:40:29	1	W40	76	09:37	09:56	09:56	11:00
2	405	Schneider Caterina		0:44:32	0:44:29	1	W45	71	10:14	10:42	10:56	12:36
3	348	Charitos Tanja	SG Wenden	0:44:36	0:44:34	1	W35	79	10:27	10:39	10:53	12:33
4	333	Hauser Birgit	SF 09 Puderbach	0:48:12	0:48:06	1	W50	66	11:06	11:26	11:50	13:43
5	370	Kriegsch Stefanie	HIT Siegburg	0:49:47	0:49:37	1	WHK	90	11:56	12:07	12:03	13:30
6	603	Kämpfer Kirstin	LG Kindelsberg-Kreuztal	0:50:03	0:49:59	2	W50	64	11:10	12:04	12:24	14:20
7	389	Scholtes Julia		0:50:06	0:50:02	3	W50	66	12:03	12:04	12:06	13:48
8	412	Berk Barbara	Melpomene Bonn e.V.	0:51:10	0:51:07	1	W70	47	12:03	12:01	12:26	14:36
9	356	Nghiem Tina		0:52:27	0:52:17	2	W35	78	12:24	12:25	12:44	14:43
10	398	Wroz Dagmar	SV Hellas Siegburg	0:52:56	0:52:47	1	W60	56	12:18	12:38	12:54	14:55
11	376	Rex Ilkay Deniz	HIT Siegburg	0:53:01	0:52:57	2	WHK	95	13:53	17:56	18:44	02:23
12	301	Comeyne Christina		0:54:19	0:54:17	3	WHK	90	11:50	13:01	13:50	15:34
13	613	Kaspar Andrea	ASV Sankt Augustin	0:55:35	0:55:31	2	W45	68	12:53	13:21	13:41	15:34
14	340	Schultz Miriam	Rhenag	0:56:00	0:55:48	3	W35	80	13:10	13:34	13:42	15:21
15	517	Leonardi Claudia		0:57:01	0:56:57	4	W50	66	13:01	13:42	13:54	16:19
16	343	Ganser Hanna	Rhenag	0:58:17	0:58:07	4	WHK	97	13:42	14:17	14:11	15:55
17	349	Heine Ela		0:59:42	0:59:36	2	W40	75	14:06	14:24	14:31	16:33
17	350	Mertens Nicole		0:59:42	0:59:35	4	W35	79	14:05	14:24	14:31	16:33
19	341	Leeser Julia	Rhenag	1:00:54	1:00:43	5	W35	80	13:55	14:24	15:17	17:06
20	392	Boddenberg Sonja		1:02:16	1:02:10	3	W40	75	14:49	15:18	15:01	17:01
21	504	Rommel Paola		1:04:33	1:04:27	3	W45	71	15:25	15:35	15:36	17:50